



Welcome!

Thank you for selecting the Villanova Women's Lacrosse Camp for your summer camp experience. The university, players and staff anticipate a successful, hard-working week focused on fun and fundamentals.

Your registration is confirmed. In addition to the information provided by the Villanova Women's Lacrosse website (www.villanova.collegesports.com) and printed pamphlets, this letter includes added details for packing preparation, on-campus protocol, and minor's release information.

If there are any further questions in regards to the Villanova Women's Lacrosse Camp please contact Jebb Chagan at jebb.chagan@villanova.edu and Kate Henwood at kathryn.henwood@villanova.edu or call the Women's Lacrosse office at 610-519-6453.

CHECK-IN/CHECK OUT (M.S./H.S. EVENING CLINIC-JUNE)

Check-in: All campers must check-in between **4:30 p.m. and 5:00 p.m. on Monday June 15th** inside the Villanova Stadium on Lancaster Avenue. **The Clinic will conclude at 8:00 p.m.**

CHECK-IN/CHECK OUT (TEAM/GROUP-JUNE CAMP)

Check-in: All campers must check-in between **10:30 a.m. and 12:00 p.m. on Thursday June 18th** in front of Sheehan Hall (unless you have made special arrangements with us ahead of time). On the day of your arrival, please look for the posted signs, as they will help you find us. The afternoon sessions on Thursday will begin after registration, camper check-in to Sheehan Dorm and lunch. **Camp will conclude on Friday June 19th at 11:30 a.m.**

Parents: If you are planning on staying overnight at Villanova University, please contact us or Conference Services prior to the June clinic to formally register for housing.

CHECK-IN/CHECK OUT (HIGH SCHOOL-JULY CAMP)

Check-in: All campers must check-in between **2:00 p.m. and 3:30 p.m. on Tuesday July 14th** in front of Sheehan Hall (unless you have made special arrangements with us ahead of time). On the day of your arrival, please look for the posted signs, as they will help you find us. The evening session on Tuesday will begin after registration, camper check-in to Sheehan Dorm and dinner.

Registration will include receipt of room combination number, wristband, camp rules, itinerary, campus map and tour.

Camp will commence with an overview for campers on rules, safety and scheduling.

Checkout: Campers should checkout immediately following the final training/games on the closing day of camp. Checkout will also be in front of Sheehan Hall. **(The final session of camp will end Friday July 17th at approximately 11:30 am)**

*Commuters should also checkout at this time.

For campers arriving for the JULY CAMP via Philadelphia International Airport: Please provide a detailed account of your flight arrival and departure information to us in a timely manner prior to July 6th (if possible) An 11:00 o'clock a.m. or earlier arrival on July 14th into Philadelphia would be preferable. Departure must take place on the 17th of July. Departure times after 3:00 p.m. would be preferable. Please contact the Villanova coaching staff! We will either have a professional carrier service or a staff member pick up and drop off your daughter at Philadelphia International Airport. Please be prepared to pay a fee if there is a professional transportation service.

CHECK-IN/CHECK OUT (MIDDLE SCHOOL-DAY CAMP)

Middle School Registration – July 16th 4:30p.m. – 5:45p.m. In front of Sheehan Hall

July 16th pick-up: 8:00 p.m. @ Pike Field (across from stadium)

July 17th drop off: 9:00 a.m. @ Pike Field. Pick-up: 4:00 p.m. @ Pike Field

July 18th drop off: 9:00 a.m. @ Pike Field. Pick-up: 12:15 p.m. @ Stadium Turf.

PLEASE BRING THE FOLLOWING TO CHECK-IN (Both H.S. and M.S.):

1. A Certified check or cash only for any outstanding camp fees.
2. Cash or check to open a Camp Bank Account. Please see information below.

**Please note that again this year, the health care permission form and the Consent and Waiver form have already been filled out on the Camp Application. If you have not filled in that information correctly, we will need you to do so prior to your daughter's start of camp. **

CAMP BANK

The camp bank will allow you to deposit money for use by your daughter during the camp week. At registration or anytime thereafter, a deposit may be made to the bank. Any amount of money may be deposited. We recommend \$ 55.00 for the week. This money can be used in our camp store for clothing, snacks, and/or pizza orders at night. Campers may even withdraw money to purchase University Bookstore items or to get snacks at the Villanova student union center (Connelly Center). There is no charge for this service, as we are providing it as a way to help keep money safe. If you have any questions please feel free to ask about our camp bank at registration.

COMPETITIVE EDGE STORE HOURS

The local sporting goods dealer will be in-house for all the campers' equipment and gear needs on the last day of camp. Competitive Edge is a regional leader in quality lacrosse products and provides superb insight on the game's top manufacturers for sticks, goggles, gloves and gear. Take advantage of the convenience and quality. Competitive Edge sales are not in conjunction with the Camp Bank.

ACCOMMODATIONS AND FACILITIES

The Villanova Girl's Lacrosse Camp will utilize SHEEHAN HALL to accommodate its overnight campers. SHEEHAN HALL is located on Villanova's main campus. The camp dining facility is located in DOUGHERTY HALL, also located on main campus. DOUGHERTY HALL is only a short walk from the fields and SHEEHAN HALL.

***There will be a room and lounge in SHEEHAN HALL that can be used by commuters during any down time before or after meals. ***

NECESSARY EQUIPMENT

In addition to plenty of lacrosse practice gear, mouth guards, goggles and a lacrosse stick, we recommend you bring the following:

Pillow	Twin Sheets
Blanket	Fan (optional but the dorms do not have air conditioning)
Towels	Swimsuit (optional)
Cleats (for grass)	Sneakers
Small Lamp (optional but the dorm rooms only have a very dim light on the ceiling)	
Mouth Guard	Small Water Bottle
Sun Screen lotion	Small bag to carry to field (optional)
Alarm Clock	

COMMUTERS ONLY (High School)

The only difference between commuting campers and overnight campers is that commuter campers will not be housed in Sheehan Hall overnight. All meals and use of facilities will be the same as overnight campers. Commuter campers will check in on Tuesday July 14th between 3:00 p.m. and 3:30 p.m. in front of Sheehan Hall.

Pick-up/Drop-off for Commuter Campers

Pick-up: Commuters should be picked up promptly at 8:35pm each evening (Tue-Thu) in the parking lot next to Pike Field.

Please remember that pick-up on the last day of camp will be at 11:30am

Drop-off: Aside from registration day, commuters should be dropped off at Pike Field (in parking lot across from Villanova Stadium) by 9:00am daily. Please be sure to eat a good breakfast at home before you arrive at camp each day. You will eat lunch and dinner here with the overnight campers.

*** Please note that daily itinerary and activities are subject to change**

PARENTS (High School Camp):

1. *For both parents and campers: Q&A session- “Academics, Athletics and Life in College”. Will take place on July 15th @ 6:00 p.m. on the second floor of the Villanova Stadium Press Box. Villanova Staff, Student-Athletes and area coaches will host this.*
2. *Parents and family are welcome to attend the evening lacrosse games. The games will take place on Tuesday, Wednesday and Thursday nights either on Pike field or on nearby campus fields (ex. stadium).*
3. *High School and Middle School Coaches are welcome to attend any of the training sessions!*
4. *If your daughter takes medication of any kind, please include a thorough note detailing the condition and type of medication along with any instructions that would be helpful for the coaching staff and trainer. Explicit permission must be given by you in writing for any medication to be administered or given to your daughter. Please mention this to the trainer who will be present on the day of camp registration. Please make sure that you filled out all of the health registration information in the registration brochure or online.*
5. *Due to the fact that your daughter is both representing Villanova University and that we deeply care about her safety, it is expected that all campers adhere to camp rules as well as any safety regulations administered by Villanova University. It is also expected that your daughter will be respectful to her fellow campers, the student-athletes, coaches and Villanova staff and personnel. Poor judgment on the part of any camper may result in her being asked to leave the Villanova University Women’s Lacrosse Camp! In the event of this happening, the camper and parent would forfeit the entire cost of the camp. Please remember Villanova’s guiding principles of excellence, integrity, sportsmanship, opportunity and community.*
6. *Should you wish to mail anything to a camper during the July Camp week, (should be mailed by July 10th) Please send to:*
Name of Camper
C/O Villanova Girls Lacrosse Camp
Jake Nevin Fieldhouse-Women’s Lacrosse Office
800 Lancaster Avenue
Villanova, PA 19085
7. *In the event of an emergency you may call the Villanova Women’s Lacrosse Office at 610-519-6453 or the camp cell phones 302-690-0656 or 610-368-7448. There will be a 24-hour voice mail at both of these numbers. Please leave a detailed message and a number where you can be reached. Please do not call the cell phone numbers except for emergencies.*

Enjoy the spring season, stay healthy and get ready to run with the Wildcats for a week of loving the sport of lacrosse.

Sincerely,

**The Villanova Women's Lacrosse Coaching Staff
Go Wildcats!**