

Lake Erie Silver Qualifier

Sponsored by
Firestone Akron Swim Team
March 2 – 4, 2012

Name: _____

Age as of March 2ndth: _____

Eligible: **Time Standards!!!**

Location: Ocasek Natatorium, University of Akron (corner of Carroll and Spicer)

Starting Times: Friday night warm-up will begin at 4:45 p.m. and last for 45 minutes with the meet starting at 5:35 p.m. Both Saturday and Sunday morning session warm-up will be from 7:40 – 8:25 a.m., with competition starting at 8:30 a.m

Deadline: Thursday Feb 16th at the conclusion of practice. If additional B or BB times are made at Bronze Champs we can add those swimmers that day!

Entry Limitations: Swimmers may enter 3 individual events/day exclusive of relays. Swimmers may compete in no more than 9 individual events for the meet. **If a swimmer qualifies for Gold Championships in an event; they CANNOT compete in that same event at this meet.** _

Entry Fees: Individual events \$4.50; plus a \$2.00 per swimmer surcharge (for the Lake Erie Zone Team fund).

Friday: _____

Saturday: _____

Sunday: _____

LESI Fee: \$2.00

Total: _____

Please place entries in the green mail box by 2/16/12



I.M. XTREME CHALLENGE

Attention All Swimmers!

USA Swimming and Lake Erie Swimming team up to present:

The Lake Erie IMX Challenge for SC '11-'12!

Start completing your events when '11-'12 Short Course Season begins!

***You have until April 1, 2012 to complete your event list.**

9 & Under; 10-year olds:

200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

11-year olds; 12-year olds:

200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly

13, 14, 15, 16, 17, and 18 -year olds:

200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

- In order to receive an IMX score, a swimmer must legally swim each IMX event for their age level in a sanctioned meet at least once during the '11-'12 season.
- A swimmer's times will count for the entire season-so if a swimmer ages up during a season the IMX score on the *My USA Swimming* page will show a score for his/her lower age group and their new age group.
- In order to check the progress, swimmers can create a web account to be able to access their personal *My USA Swimming* page! If a swimmer has already swum the event combo for his/her age level, the IMX score and ranking now appears in a special section of the swimmer's *My USA Swimming* page.

All swimmers participating and legally completing each IMX event for their single age group for the 2011-2012 Short Course Season will receive an IMX cap!

Top Three male and female swimmers in the Lake Erie district with the highest IMX score per single age group will receive the following at the LE Awards Banquet:

1st place – IMX personalized hoodie

2nd place – IMX towel

3rd place – IMX t-shirt

SCHEDULE OF EVENTS

Friday Night - 4:45 Warm-Up, 5:35 meet start (Timed Finals) March 2, 2012

Girl	Cutoff Time Equal to Or faster than Slower than	Age Group/Stroke	Cutoff Time Equal to Or faster than Slower than	Boys
1	Time standards below	12 & Under 500 Free	Time standards below	2
5	3:03.79 2:37.59	11-12 200 IM	3:03.09 2:35.59	6
7	3:04.99 2:38.59	11-12 200 Fly	3:01.19 2:35.29	8
9	3:01.89 2:35.89	11-12 200 Back	2:58.39 2:32.89	10
3	Time standards below	11 & Ov 400 IM*	Time standards below	4
11	Time standards below	11 & Ov 1650 Free*	Time standards below	12

Events 200 yards and longer may be seeded together, but will be awarded separately. Individual events for 11 & Over will be awarded for 11-12, 13-14, 15 & over and those for 12 & under will be awarded for 11-12, 10 & under.

The 1650's will be swum fastest to slowest, alternating girls and boys.

*Time cuts are as follows for the 400 IM, 1650 Free and 500 Free:

	400 IM	1650	500
10 & Un Girls:			8:30.49 – 6:48.39
10 & Un Boys			8:25.79 – 6:44.59
11 – 12 Girls:	6:32.19 – 5:36.09	25:16.19 – 21:39.59	7:10.79 – 6:09.29
11 – 12 Boys:	6:23.69 – 5:28.89	24:57.49 – 21:23.59	7:05.49 - 6:04.69
13 – 14 Girls:	6:10.79 – 5:17.79	23:34.19 – 20:12.19	
13 – 14 Boys:	5:50.59 – 5:00.49	22:28.29 – 19:15.69	
15 & Ov Girls:	6:01.49 – 5:09.89	23:18.79 – 19:58.89	
15 & Ov Boys:	5:35.79 – 4:47.79	21:55.89 – 18:47.99	

Saturday AM – 7:40 Warm-Up, 8:30 meet start (Timed Finals) March 3, 2012

Girl	Cutoff Time		Age Group/Stroke	Cutoff Time		Boys
	Equal to Or faster than	Slower than		Equal to Or faster than	Slower than	
15	1:57.49	1:26.69	10 & Under 100 Fly	1:55.19	1:25.59	16
19	1:45.69	1:22.19	10 & Under 100 Back	1:42.89	1:21.29	20
23	53.59	41.99	10 & Under 50 Breast	53.59	42.19	24
27	39.79	32.19	10 & Under 50 Free	38.89	31.59	28
31	3:20.19	2:36.39	10 & Under 200 Free	3:09.89	2:31.89	32
35	1:44.99	1:22.59	10 & Under 100 IM	1:41.29	1:21.09	36
39			10 & Under 200 Medley Relay			40
13	2:43.19	2:19.89	11-12 200 Free	2:38.89	2:16.19	14
17	1:27.99	1:14.19	11-12 100 Back	1:25.79	1:12.29	18
21	44.09	37.79	11-12 50 Breast	44.29	37.29	22
25	34.29	29.49	11-12 50 Free	33.39	28.59	26
29	1:27.19	1:13.19	11-12 100 Fly	1:25.79	1:11.69	30
33	3:26.39	2:56.89	11-12 200 Breast	3:21.69	2:52.89	34
37			11-12 200 Medley Relay			38

Saturday PM – Estimated afternoon warm-up times will be posted on www.lakeerieswimming.com.

Girl	Cutoff Time		Age Group/Stroke	Cutoff Time		Boys
	Equal to Or faster than	Slower than		Equal to Or faster than	Slower than	
41			13 & Ov 200 Medley Relay			42
45	1:19.09	1:07.79	13-14 100 Fly	1:13.29	1:02.89	46
49	3:14.59	2:46.79	13-14 200 Breast	3:02.39	2:36.29	50
53	1:19.89	1:08.49	13-14 100 Back	1:14.89	1:04.19	54
57	1:12.49	1:02.19	13-14 100 Free	1:06.99	57.39	58
61	2:55.49	2:30.49	13-14 200 IM	2:43.69	2:20.29	62
63			13 & Ov 400 Free Relay			64
43	1:17.39	1:06.29	15 & Ov 100 Fly	1:10.09	1:00.09	44
47	3:09.99	2:42.79	15 & Ov 200 Breast	2:55.09	2:30.09	48
51	1:17.69	1:06.59	15 & Ov 100 Back	1:11.29	1:01.09	52
55	1:10.89	1:00.79	15 & Ov 100 Free	1:04.39	55.19	56
59	2:51.49	2:26.99	15 & Ov 200 IM	2:37.69	2:15.09	60
65	Time Standards Below		13 & Ov 500 Free	Time Standards Below		66

Events 200 yards and longer may be seeded together, but will be awarded separately.

15 & Ov Girls 6:45.29 – 5:47.39

13 – 14 Boys 6:31.09 – 5:35.19

13 – 14 Girls 6:51.79 – 5:52.99

13 – 14 Boys 6:31.09 – 5:35.19

15 & Ov Boys 6:18.39 – 5:24.29

15 & Ov Girls 6:45.29 – 5:47.39

15 & Ov Boys 6:18.39 – 5:24.29

Sunday AM - 7:40 Warm-Up, 8:30 meet start (Timed Finals) March 4, 2012

Girl	Cutoff Time		Age Group/Stroke	Cutoff Time		Boys
	Equal to Or faster than	Slower than		Equal to Or faster than	Slower than	
67	3:42.69	2:55.99	10 & Under 200 IM	3:40.89	2:55.29	68
71	1:31.29	1:11.89	10 & Under 100 Free	1:29.19	1:10.79	72
75	48.79	38.09	10 & Under 50 Back	49.19	38.29	76
79	1:59.99	1:33.39	10 & Under 100 Breast	1:55.69	1:31.79	80
83	48.79	37.29	10 & Under 50 Fly	47.29	36.69	84
87			10 & Under 200 Free Relay			88
69	1:26.29	1:13.99	11-12 100 IM	1:23.69	1:11.49	70
73	1:13.59	1:03.09	11-12 100 Free	1:13.09	1:02.69	74
77	39.59	33.89	11-12 50 Back	39.49	33.49	78
81	1:36.39	1:22.19	11-12 100 Breast	1:35.09	1:20.49	82
85	37.79	32.39	11-12 50 Fly	38.19	32.09	86
89			11-12 200 Free Relay			90

Individual events for 11 & over will be awarded for 11-12, 13-14, and 15 & over and those for 12 & under will be awarded for 11-12, 10 & under.

Sunday PM –Estimated afternoon warm-up times will be posted on www.lakeerieswimming.com.

Girl	Cutoff Time		Age Group/Stroke	Cutoff Time		Boys
	Equal to Or faster than	Slower than		Equal to Or faster than	Slower than	
91			13 & Ov 200 Free Relay			92
95	2:51.79	2:27.29	13-14 200 Back	2:41.29	2:18.19	96
99	1:30.59	1:17.59	13-14 100 Breast	1:24.09	1:12.09	100
103	2:53.39	2:28.59	13-14 200 Fly	2:43.69	2:20.29	104
107	2:36.09	2:13.79	13-14 200 Free	2:26.09	2:05.29	108
111	33.39	28.69	13-14 50 Free	30.69	26.29	112
113			13 & Ov 400 Medley Relay			114

93	2:47.89	2:23.89	15 & Ov 200 Back	2:34.39	2:12.39	94
97	1:28.29	1:15.69	15 & Ov 100 Breast	1:20.39	1:08.89	98
101	2:48.59	2:24.49	15 & Ov 200 Fly	2:35.59	2:13.39	102
105	2:32.09	2:10.39	15 & Ov 200 Free	2:20.09	2:00.09	106
109	32.69	27.99	15 & Ov 50 Free	29.49	25.29	110